

3-1-1. Officer OPAT Physical Demands Categories

The occupational physical assessment test (OPAT), allows the Army to screen applicants for their ability to succeed in their assigned specialty prior to entering active duty or active duty for training. Local commander are responsible for ensuring the OPAT is administered prior to approval of the soldier's reclassification, or branch transfer when applicable.

All General Officers are categorized Moderate (Gold) regardless of component.

The OPAT categories for each officer specialty are:

AOC	TITLE	GRADE BAND	CATRGORY
11A	Infantry	O1-O6	HEAVY
12A	Engineer	O1-O6	HEAVY
13A	Field Artillery, General	O1-O2	HEAVY
13A	Field Artillery, General	O3-O6	MODERATE
14A	Air Defense Artillery Officer	O1-O2	SIGNIFICANT
14A	Air Defense Artillery Officer	O3-O6	MODERATE
15A	Aviation, General	O1-O2	MODERATE
15B	Aviation Combined Arms Operations	O3-O6	MODERATE
15C	Aviation All-Source Intelligence	O3-O6	MODERATE
15D	Aviation Maintenance Officer	O3-O6	MODERATE
17A	Cyber Warfare	O1-O6	MODERATE
17B	Cyber Electromagnetic Operations Officer (Eff 201810)	O1-O6	MODERATE
18A	Special Forces	O1-O6	HEAVY
19A	Armor	O1-O2	HEAVY
19A	Armor	O3-O6	MODERATE
25A	Signal, General	O1-O2	SIGNIFICANT
25A	Signal, General	O3-O6	MODERATE
25G	Network Integration (Rescind 202010)	O1-O2	SIGNIFICANT
25G	Network Integration (Rescind 202010)	O3-O5	MODERATE
25Z	Network Integration (Rescind 202110)	O6-O6	MODERATE
26A	Network Systems Engineering	O1-O5	MODERATE
26B	Information Systems Engineering	O1-O5	MODERATE
26Z	Senior Network Systems Engineering	O6-O6	MODERATE
27A	Judge Advocate General	O1-O6	MODERATE
27B	Military Judge	O1-O6	MODERATE
30A	Information Operations Officer	O3-O6	MODERATE
31A	Military Police	O1-O2	SIGNIFICANT
31A	Military Police	O3-O6	MODERATE
34A	Strategic Intelligence Officer (Res 202110)	O3-O6	MODERATE
35A	Intelligence Officer (Eff 202110)	O1-O6	MODERATE
35B	Strategic Intelligence (Eff 202110)	O3-O6	MODERATE
35D	All Source Intelligence (Res 202110)	O1-O6	MODERATE
35E	Counter Intelligence (CI) (Res 202110)	O1-O6	MODERATE
35F	Human Intelligence (HUMINT) (Res 202110)	O1-O6	MODERATE
35G	(Res 202110)	O1-O6	SIGNIFICANT
36A	Financial Manager	O1-O6	MODERATE
37A	Psychological Operations	O3-O6	MODERATE
37X	Psychological Operations, Designated	O1-O6	MODERATE
38A	Civil Affairs (AA & USAR)	O3-O6	MODERATE
38G	Military Government (USAR Only)	O3-O6	MODERATE

AOC	TITLE	GRADE BAND	CATRGORY
38X	Civil Affairs, Designated	O1-06	MODERATE
40A	Space Operations	O3-06	MODERATE
40C	Army Astronaut	O3-06	MODERATE
42B	Human Resources Officer	O1-03	MODERATE
42C	Army Music	O1-06	MODERATE
42H	Senior Human Resources Officer	O4-06	MODERATE
46A	Public Affairs	O1-06	MODERATE
46X	Public Affairs Designee	O3-04	MODERATE
47	USMA Professor	O5-06	MODERATE
48	Foreign Area Officer	O3-06	MODERATE
49	Operations Research and Systems Analysis	O3-06	MODERATE
50A	Force Development	O3-06	MODERATE
51	Contracting Officer	O3-06	MODERATE
52B	Nuclear and Counterproliferation	O1-06	MODERATE
56A	Command & Unit Chaplain	O1-06	MODERATE
56D	Clinical Pastoral Educator	O1-06	MODERATE
56X	Chaplain Candidate	O1-06	MODERATE
57A	Simulations Operations Officer	O3-06	MODERATE
59A	Strategist	O3-06	MODERATE
60A	Operational Medicine	O1-06	MODERATE
60B	Nuclear Medicine Officer	O1-06	MODERATE
60C	Preventive Medicine Officer	O1-06	MODERATE
60D	Occupational Medicine Officer	O1-06	MODERATE
60F	Pulmonary Disease/Critical Care Officer	O1-06	MODERATE
60G	Gastroenterologist	O1-06	MODERATE
60H	Cardiologist	O1-06	MODERATE
60J	Obstetrician & Gynecologist	O1-06	MODERATE
60K	Urologist	O1-06	MODERATE
60L	Dermatologist	O1-06	MODERATE
60M	Allergist, Clinical Immunologist	O1-06	MODERATE
60N	Anesthesiologist	O1-06	MODERATE
60P	Pediatrician	O1-06	MODERATE
60Q	Pediatric Sub-Specialist	O1-06	MODERATE
60R	Child Neurologist	O1-06	MODERATE
60S	Ophthalmologist	O1-06	MODERATE
60T	Otolaryngologist	O1-06	MODERATE
60U	Child Psychiatrist	O1-06	MODERATE
60V	Neurologist	O1-06	MODERATE
60W	Psychiatrist	O1-06	MODERATE
61A	Nephrologist	O1-06	MODERATE
61B	Medical Oncologist/Hematologist	O1-06	MODERATE
61C	Endocrinologist	O1-06	MODERATE
61D	Rheumatologist	O1-06	MODERATE
61E	Clinical Pharmacologist	O1-06	MODERATE
61F	Internist	O1-06	MODERATE
61G	Infectious Disease Officer	O1-06	MODERATE
61H	Family Medicine	O1-06	MODERATE

AOC	TITLE	GRADE BAND	CATRGORY
61J	General Surgeon	O1-06	MODERATE
61K	Thoracic Surgeon	O1-06	MODERATE
61L	Plastic Surgeon	O1-06	MODERATE
61M	Orthopedic Surgeon	O1-06	MODERATE
61N	Flight Surgeon	O1-06	MODERATE
61P	Physiatrist	O1-06	MODERATE
61Q	Radiation Oncologist	O1-06	MODERATE
61R	Diagnostic Radiologist	O1-06	MODERATE
61U	Pathologist	O1-06	MODERATE
61W	Peripheral Vascular Surgeon	O1-06	MODERATE
61Z	Neurosurgeon	O1-06	MODERATE
62A	Emergency Physician	O1-06	MODERATE
62B	Field Surgeon	O1-06	MODERATE
63A	General Dentist	O1-06	MODERATE
63B	Comprehensive Dentist	O1-06	MODERATE
63D	Periodontist	O1-06	MODERATE
63E	Endodontist	O1-06	MODERATE
63F	Prosthodontist	O1-06	MODERATE
63H	Public Health Dentist	O1-06	MODERATE
63K	Pediatric Dentist	O1-06	MODERATE
63M	Orthodontist	O1-06	MODERATE
63N	Oral & Maxillofacial Surgeon	O1-06	MODERATE
63P	Oral Pathologist	O1-06	MODERATE
63R	Executive Dentist	O1-06	MODERATE
64A	Field Veterinary Service	O1-03	MODERATE
64B	Veterinary Preventive Medicine	O3-06	MODERATE
64C	Veterinary Laboratory Animal Medicine	O3-06	MODERATE
64D	Veterinary Pathology	O3-06	MODERATE
64E	Veterinary Biomedical Scientist	O3-06	MODERATE
64F	Veterinary Clinical Medicine	O3-06	MODERATE
64Z	Senior Veterinarian (Immaterial)	O3-06	MODERATE
65A	Occupational Therapy	O1-06	MODERATE
65B	Physical Therapy	O1-06	MODERATE
65C	Dietitian	O1-06	MODERATE
65D	Physician Assistant	O1-06	MODERATE
65X	Specialist Allied Operations	O3-06	MODERATE
66B	Army Public Health Nurse	O1-06	MODERATE
66C	Psychiatric/Behavioral Health Nurse	O1-06	MODERATE
66E	Perioperative Nurse	O1-06	MODERATE
66F	Nurse Anesthetist	O1-06	MODERATE
66G	Obstetrics & Gynecology	O1-06	MODERATE
66H	Medical-Surgical Nurse	O1-06	MODERATE
66N	Generalist Nurse	O1-06	MODERATE
66P	Family Nurse Practitioner	O1-06	MODERATE
66R	Psychiatric/Behavioral Health Nurse Practitioner	O1-06	MODERATE
66S	Critical Care Nursing	O1-06	MODERATE
66T	Emergency Nursing	O1-06	MODERATE
66W	Certified Nurse Midwife	O1-06	MODERATE

AOC	TITLE	GRADE BAND	CATRGORY
67A	Health Services	O1-06	MODERATE
67B	Laboratory Sciences	O1-06	MODERATE
67C	Preventive Medicine Sciences	O1-06	MODERATE
67D	Behavioral Sciences	O1-06	MODERATE
67E	Pharmacy	O1-06	MODERATE
67F	Optometry	O1-06	MODERATE
67G	Podiatry	O1-06	MODERATE
67J	Aeromedical Evacuation	O1-02	SIGNIFICANT
67J	Aeromedical Evacuation	O3-06	MODERATE
70A	Health Care Administration	O1-06	MODERATE
70B	Health Services Administration	O1-06	MODERATE
70C	Health Services Comptroller	O1-06	MODERATE
70D	Health Services Systems Management	O1-06	MODERATE
70E	Patient Administration	O1-06	MODERATE
70F	Health Services Human Resources	O1-06	MODERATE
70H	Health Services Plans, Operations, Intelligence, Security, and Training	O1-06	MODERATE
70K	Health Services Materiel	O1-06	MODERATE
71A	Microbiology	O1-06	MODERATE
71B	Biochemistry	O1-06	MODERATE
71E	Clinical Laboratory	O1-06	MODERATE
71F	Research Psychology	O1-06	MODERATE
72A	Nuclear Medical Science	O1-06	MODERATE
72B	Entomology	O1-06	MODERATE
72C	Audiology	O1-06	MODERATE
72D	Environmental Science and Engineering	O1-06	MODERATE
73A	Social Work	O1-06	MODERATE
74A	Chemical, Biological, Radiological & Nuclear (CBRN)	O1-06	MODERATE
88A	Transportation, General	O1-02	HEAVY
88A	Transportation, General	O3-03	MODERATE
89E	Explosive Ordnance Disposal	O1-03	HEAVY
89E	Explosive Ordnance Disposal	O4-06	SIGNIFICANT
90A	Logistics	O3-06	MODERATE
91A	Maintenance & Munitions Materiel Officer	O1-03	MODERATE
92A	Quartermaster, General	O1-02	HEAVY
92A	Quartermaster, General	O3-03	MODERATE